

## INTRODUCTION

### KEYS TO CREATING A CHARACTERISTIC SOUND:

- Posture
  - Sitting vs. Standing
  - Using a Tuba/Euphonium Stand
  - How to hold the slide/How to shape your hand for valves
  
- Embouchure/Mouthpieces
  - Buzzing
    - Corner/Aperture
    - Oral Cavity
    - What does a good buzz sound like?
  - Mouthpiece/Flat Rim vs. Round Rim
  - Daily Buzzing/Sirens
  
- Breathing
  - Circular Breathing (not what you think 😊)/No Tension
  - Lung Box/Balloon idea
  - Sample Breathing Exercises & Breathing Gym
  - Breathing Tools
    - Breathing Tubes/Bags/Etc.
  
- Daily exercises
  - Long Tones
    - Start in the middle range of the instrument
    - Long Tone Duets
    - Working with a drone pitch
  - Lip Slurs
    - Articulation
    - Slurs vs. Natural Slurs vs. Tongued Slurs (Trombone)

### MAINTENANCE:

- Trombone/Tuba/Euphonium stands
- Lubes & How To
- Cleaning kit
- Lacquer
- Storage

### RECRUITMENT & RETENTION:

### FINDING GOOD ROLE MODELS:

## **Trombone**

Joseph Alessi	<a href="https://www.slidearea.com">https://www.slidearea.com</a>
Wycliffe Gordon	<a href="http://www.wycliffegordon.com/">http://www.wycliffegordon.com/</a>
J.J. Johnson	<a href="https://www.allmusic.com/artist/jj-johnson-mn0000119111#songs">https://www.allmusic.com/artist/jj-johnson-mn0000119111#songs</a>
Elliott Mason	<a href="http://masonbrothersquintet.com/bios/#em">http://masonbrothersquintet.com/bios/#em</a>
Dee Stewart	<a href="https://www.summitrecords.com/artist/dee-stewart/">https://www.summitrecords.com/artist/dee-stewart/</a>
Charles Vernon	<a href="http://www.bruceDuffie.com/vernon.html">http://www.bruceDuffie.com/vernon.html</a>
Douglas Yeo	<a href="http://www.yeodoug.com/">http://www.yeodoug.com/</a>

## **Tuba**

Roger Bobo	<a href="http://www.rogerbobo.com">http://www.rogerbobo.com</a>
Jim Self	<a href="https://www.bassethoundmusic.com">https://www.bassethoundmusic.com</a>
Marty Erickson	<a href="https://bbbc.net/bios/marty-erickson/">https://bbbc.net/bios/marty-erickson/</a>
Arnold Jacobs	<a href="http://www.windsongpress.com">http://www.windsongpress.com</a>
Bill Bell	<a href="http://www.windsongpress.com/brass%20players/tuba/Bell.pdf">http://www.windsongpress.com/brass%20players/tuba/Bell.pdf</a>
Patrick Sheridan	<a href="http://www.patricksheridan.com">http://www.patricksheridan.com</a>
Daniel Parantoni	<a href="https://www.summitrecords.com/artist/dan-perantoni/">https://www.summitrecords.com/artist/dan-perantoni/</a>

## **Euphonium**

Brian Bowman	<a href="https://www.mendezbrassinstitute.com/blog/faculty-spotlight-brian-bowman">https://www.mendezbrassinstitute.com/blog/faculty-spotlight-brian-bowman</a>
David Childs	<a href="http://www.davechilds.com">http://www.davechilds.com</a>
David Thornton	<a href="http://www.euphoniumsoloist.co.uk/recordings_55_4.html">http://www.euphoniumsoloist.co.uk/recordings_55_4.html</a>
Demondrae Thurman	<a href="https://www.mendezbrassinstitute.com/blog/faculty-spotlight-demondrae-thurman">https://www.mendezbrassinstitute.com/blog/faculty-spotlight-demondrae-thurman</a>

## SELECTING APPROPRIATE EQUIPMENT:

## SUGGESTED METHOD BOOKS & REFERENCE BOOKS:

### **Trombone**

- Alessi, Joseph; Brian Bowman (2010). *J.B. Arban Complete Method Trombone Euphonium*. Maple City: Charles Dumont & Sons
- Bordner, Gerald, (1956). *First Book of Practical Studies for Trombone*. Alfred Music
- Edwards Brad, (2002). *Introductory Studies in Tenor & Alto Clef for Trombone "Before Blazhevich."* Ithaca: Ensemble Publications.
- Kleinhammer, Edward (1996). *The Art of Trombone Playing*. Alfred Music
- Rochut, Joannes (1928). *Melodious Etudes for Trombone-Book I*. Carl Fischer
- Wick, Denis (1971). *Trombone Technique*. Oxford University Press

### **Tuba**

- Bell, William, (1931). *Foundations to Tuba and Sousaphone Playing*. Carl Fisher
- Foster, Robert E. (2001). *My First Arban*. Carl Fischer
- Little, Donald C. (1984). *Practical Hints on Playing Tuba*. Alfred Music

## IMPORTANCE OF CHAMBER MUSIC:

### DAILY ROUTINES (apart from the Arban's Method)

#### **Trombone**

Hunsberger, Donald (1980). *The Remington Warm-Up Studies for Trombone*. North Greece: Accura Music Inc

Vining, David (2010). *Daily Routines for the Student Trombone Player*. Flagstaff: Mountain Peak Music

Vining, David (2010). *Long Tone Duets*. Flagstaff: Mountain Peak Music

#### **Tuba**

Bell, William. AU. Jacobs, W. Torchinsky, A. ed. (2015) *Daily Routine and Warm up for Tuba*. Createspace Publishing

Jacobs, Arnold. *Special Studies for the Tuba*.

<http://www.windsongpress.com/jacobs/written/Rusch%20and%20Jacobs%20-%20HAL%20LEONARD%20ADVANCED%20BAND%20METHOD.pdf>

Vining, David (2010). *Long Tone Duets*. Flagstaff: Mountain Peak Music

Vining, David (2010). *Daily Routines for the Student Tuba Player*. Flagstaff: Mountain Peak Music

## OTHER TOOLS & RESOURCES:

Tonal Energy Tuner <https://itunes.apple.com/us/app/tonalenergy-chromatic-tuner/id497716362?mt=8>

Just Drones <https://itunes.apple.com/us/app/justdrones/id348861427?mt=8>

APS Music <https://itunes.apple.com/us/app/a.p.s.-musicmaster-pro/id441595661?mt=8>

Chords of Just Intonation <https://4.bp.blogspot.com/-rgp7w-pu0ZY/XBWEIjWbzfl/AAAAAAAAAC-I/RbUq85dQNJijxswKAXtt3IEHMWt0k6EACLcBGAs/s1600/Just%2BIntonation%2BChart.png>

[https://phibetamu.org/wp-content/uploads/2020/05/UnderstandingChordTuningBalanceIntonation\\_MECavitt2017.pdf](https://phibetamu.org/wp-content/uploads/2020/05/UnderstandingChordTuningBalanceIntonation_MECavitt2017.pdf)

Breathing Gym <http://www.focus-on-music.com>

Breathing Devices <http://www.windsongpress.com/breathing-devices>

Slide-O-Mix Cleaning Rod <https://www.dillonmusic.com/slide-o-mix-trombone-cleaning-system/>

Ultra-Pure Oils <http://www.ultrapureoils.com>

<https://www.ultrapureoils.com/health>

Chamber Music <http://www.hickeys.com>

Tenor Posaune <http://www.tenorposaune.com>

Mountain Peak Music <http://www.mountainpeakmusic.com>

International Trombone Association

<http://www.trombone.net>

International Tuba/

Euphonium Association

<http://www.iteaonline.org/index.php>

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